Graduate School of Education

## 2023-24 Colloquium Series

## RACE-CENTERED TRAUMA-RESPONSIVE SCHOOLS APPROACH: PATHWAY TO RACIAL HEALING

~HYBRID COLLOQUIUM~



Christopher T. H. Liang, PhD
Professor, Counseling Psychology
College of Education, Lehigh University

The last 20 years has seen rapid development of research on complex trauma and the brain. Although much of the initial research focused attention on chronic health problems experienced by adults, results of recent education research indicate that children and adolescents, particularly youth of color, report adverse childhood experiences (ACEs). Further, scholars argue that exposure to ACEs influences how youth regulate behavior and emotions, learn, and relate to others. These negative outcomes are predictive of academic challenges in schools. The focus of this talk is to provide an overview of research and efforts to implement race-centered trauma responsive schools, a systemic approach aimed to complement often employed skills building interventions, in urban schools of the Lehigh Valley in Pennsylvania. This talk will also offer radical mindfulness, as an alternative to typical mindfulness curriculum.

## Tuesday, April 2, 2024

11:30 a.m. to 1:00 p.m. ET • light lunch will be served BestSelf (training room)

**768 Delaware Ave., Buffalo, & virtually via Zoom**This is a free event, but registration is required at <a href="https://ed.buffalo.edu/alberti/events/colloquium-series">https://ed.buffalo.edu/alberti/events/colloquium-series</a>

One hour of NASP approved continuing professional development (CPD) is available for this event



Co-Sponsored by the University at Buffalo School of Social Work